

Peep - Learning Together

Things to do at home



People Games

People games are simple, fun activities you can play with your child without any toys, for example peek-a-boo or tickling.

People games have their own built-in structure and are played the same way each time, which means your child knows exactly what to expect.

This predictability makes it easier for your child to join in and take a turn, once they know the routine well, and helps them learn to communicate with you.

What are the benefits of people games?

People games give your child a chance to:

- learn to **share attention** with you
- learn to **send messages** to you
- learn **new words**
- learn to **take turns** in an interaction
- build a **strong relationship** with you



If you want to learn more about how children learn through people games, scan the QR codes below to watch these videos:



For more things to do at home visit:

<https://www.bbc.co.uk/tiny-happy-people/activities>

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People Games

How can I play with my child?

A people game can be any activity your child enjoys doing with you. A lot of people games involve a type of sensory experience your child particularly enjoys, which means they want to play again and again. This might be being lifted up in the air or swung back and forth.

How will this help my child's communication?

Because people games are **fun and motivating** for your child, they will want to play again and again. By using the **same words** every time you play, you can help your child learn new words.

When they know the game well, you can **create opportunities** for your child to communicate, by **adding in a pause** in the middle or at the end of the game, to give your child a chance to show or tell you they want the game to continue.

Example: Lift me up!

- 'Let's play lift me up!' **'Ready, steady - up up up!'** (as you lift your child up) and **'down!'** (as you put them back down).
- Before lifting them back up again, try to **wait** for your child to show you they want you to do it again.



Other people games you could try:

- Chase
- Spin me round
- Hide and seek
- Blanket swing

www.peep.org.uk/parents-area

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