

Chat & Play

Playing is your child's job – they learn by exploring and doing. By joining them in play you can help them find the words they need at the right time.



Five minutes a day

- Spend five minutes a day playing alone with your child without distractions like TV, radio and phone
- Let your child choose the toys and what they do with it – it might not be what you expect!

Be a Copy Cat

- Watch your child carefully and copy what they do with the toys and any sounds they make. They will feel important.
- If you copy them, they will learn to copy you and learn about taking turns.



Give your child the words they need

Rather than asking questions, describe what they are doing with a comment – “brum brum – fast car”
“shh, baby sleeping” “oh, all fall down” “teddy's jumping!”

