

# Best Start in Life All About Me



**Name: Respectful Rhea**  
**DOB: 18<sup>th</sup> September**

**Say Hello to me...**



## **An introduction to me and what is important to me...**

Hi everybody my first language is English but at home my family also speak to me in Spanish. My favourite colour is green. I love playing football and getting messy in the mud! I also love to dance to music and sing! We sing lots of songs at church on a Sunday with my friends and family! I really love all food and my favourite dish is my grandma's Mac and Cheese! I have asthma so sometimes have to use my inhaler when I find breathing difficult! I carry my inhaler with me in my bag all of the time!

## **Who is important to me and my home life...**

I live at home with my mum, dad and two big brothers. My grandma and grandad live a few streets away so I go to stay with them lots! My mum and dad work long hours so my grandma and grandad often pick me up from school and take my brothers and I back to their house for dinner! My aunty lives close by too with my two cousins, so we have lots of play dates and they sometimes pick me up from school too!

## **What you need to know to support me to learn and develop...**

I really like lots of cuddles. I can be quite nervous and shy around new people. I need reminding to go to the toilet as I don't always know when I need to go. If I am sad I love to listen to music to cheer me up, I often have a dance too! My uncle died very suddenly recently and I get very sad about it sometimes. I was very close to him. I like to talk about him a lot and share memories of the things we did together as a family.

If you want to find out more about me and my super hero friends go to:

[www.walthamforest.gov.uk/stories/meet-our-best-start-life-superheroes](http://www.walthamforest.gov.uk/stories/meet-our-best-start-life-superheroes)

