

# Best Start in Life

## All About Me

Name: Patient Patryk

DOB: 3<sup>rd</sup> June



Say Hello to me...



### An introduction to me and what is important to me...

English is my first language but my family originate from Ireland and Poland. I am three years old and can't wait to be four! I love playing with my cousins they are younger than me so I have to be really kind and patient with them and show them how to share. I love playing with cars and my train set with my cousins but they need my help to get it all set up. Sometimes, I like to have some alone time to build things. I love playing with my Lego sets in my bedroom. I suffer from some allergies especially in the summer; my hay fever gets really bad so I like to stay inside.

### Who is important to me and my home life...

I live with my mum and dad in a flat. My Uncles and aunties live in London too with my cousins but my grandparents still live in Ireland and Poland. We go to visit them a lot and I get to go on an aeroplane! Mum has some old friends still in Ireland so we love going back to see them and I play with their children who are a similar age to me. I really love my childminder Jenny who lives on my street. I am a good helper at my childminders house as there are lots of younger children she looks after. I really like it when we up the older children from school as I get to play with them and build Lego.

### What you need to know to support me to learn and develop...

I really like helping with the younger children I like to build tall towers and play trains with them I will take myself away for some quiet time as I like to be on my own sometimes. I can be quite shy and quiet especially around new people. On a Friday mum and I go to a small group at the Children and Family Centre. An adult gives my mummy lots of ideas of how to help me to be more confident talking with others and to talk more about how I feel. My dad takes me to the library once a week and we get out loads of books! Sometimes we stay in the library and read stories together on the cushions.

If you want to find out more about me and my super hero friends go to:

[www.walthamforest.gov.uk/stories/meet-our-best-start-life-superheroes](http://www.walthamforest.gov.uk/stories/meet-our-best-start-life-superheroes)

