

Best Start in Life All About Me



Name: Brave Bilkis
DOB: 29th December

Say Hello to me...



An introduction to me and what is important to me...

I really love my family they are very important to me. We are Muslim and our first language is Urdu. We speak in both Urdu and English at home. I really love the outdoors and having adventures. I love climbing trees and can climb really high up. I don't really like watching TV or playing on the Ipad like my big brother I prefer to be outside! I go out in our garden at every opportunity I get and go on my slide and play with the mud and water in my mud kitchen. My favourite things to do is to get my wellies on and splash in the puddles.

Who is important to me and my home life...

In my house there is my mum, dad, and my big brother, Aadil. I really like spending time with my mum and going to the Children and Family Centre, especially when we get to play outside! We meet our friends at the play sessions which is really fun, I love all of the toys and activities! My mum is having a baby, so we go to the doctors a lot and see a health visitor to make sure the baby and my mum are healthy.

What you need to know to support me to learn and develop...

I spend a lot of time with my mum as she doesn't work at the moment. Our health visitor has got us involved in many of the Children and Family Centre play sessions and we also go to some of the local library sessions too! These sessions have supported me to be more confident, brave and sociable with new people which is something I found very hard before.

If you want to find out more about me and my super hero friends go to:

www.walthamforest.gov.uk/stories/meet-our-best-start-life-superheroes

