Best Start in Life All About Me

Name: Active Ashton DOB: 30th August



Say hello to me...



An introduction to me and what is important to me...

I have a big family and love spending time with them, I am the youngest I am 14 months old. My home language is English. My grandma and grandad sometimes speak to me in Patois too. I love to explore new places and playing with my big brother Khalil; he helps me to build things things. I love listening to stories especially ones with lift-up flaps and sound buttons you can press! I really like listening to music and love it when my grandad sings nursery rhymes with me.

Who is important to me and my home life...

In my home there is me, my mum, my dad, two big sisters and brother. My grandparents came over from Jamaica to live in London to find work a long time ago. My grandad lives with us and my grandma is in a care home. She loves it when we go to visit her! My mum takes me to a play group with her friend and my friend Molly I love spending time each week with them too!

What you need to know to support me to learn and develop...

I like to be busy and won't sit still for long. I don't like sitting down for my lunch or dinner I like to always be moving and getting messy. I don't like many fruits or vegetables but am starting to taste new ones. My dad takes me to a new group where I get to talk about food and try new things with the other children. I have to visit the health visitors to be weighed regularly as I haven't been putting enough weight on since being a baby.

If you want to find out more about me and my super hero friends go to: www.walthamforest.gov.uk/stories/meet-our-best-start-life-superheroes





