

Let's Learn About Autism

For 8-11-year-olds



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Autism
Education
Trust

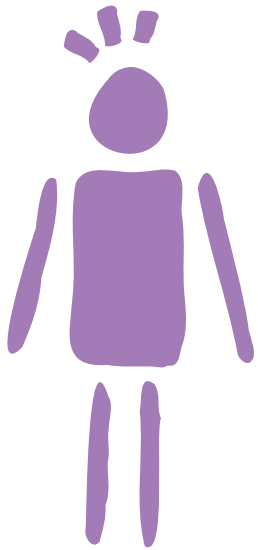
Section 1

We are all different





People are all different



Brains are all different



What do we mean by difference?

[Watch this video](#)
“Amazing things
can happen” by
Alexander Amelines:





About Autism

You can't see if someone is autistic. It is an invisible condition.

Autism means that someone's brain works a little differently.



Just like it says in the video, each autistic person is different.

Autistic people have different strengths and may need support in different areas.

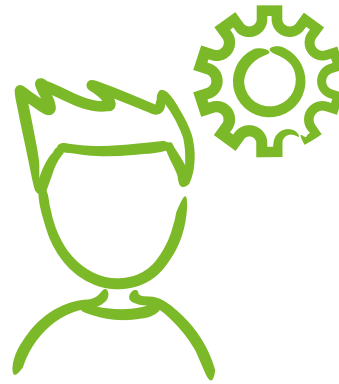


Autism – The Differences



Differences in communication and behaviour

Some autistic people find using words difficult.



Differences in thinking and understanding

Some autistic people get upset by changes to their daily routine.




Differences in senses


Some autistic people get overwhelmed by loud noises, strong smells or bright lights.



Thinking about our differences

 Some people really enjoy Maths. Some people don't.



 Some people are really good at drawing. Other people find drawing hard.



 Some people really like listening to pop music. Other people like jazz music.





Thinking about our differences



What makes you happy? What do you do when you're happy?




What makes you sad or worried? What do you do when you're sad or worried?




What is the thing you are best at?





Making friends at school

 We know that difference is great, but sometimes it can be hard when you think differently.

 It can make you worried about making friends.



 It can be hard if you don't like the same things as other people.

 It can make you feel like no-one wants to play with you.

Amazing things can happen

[Watch this video](#)

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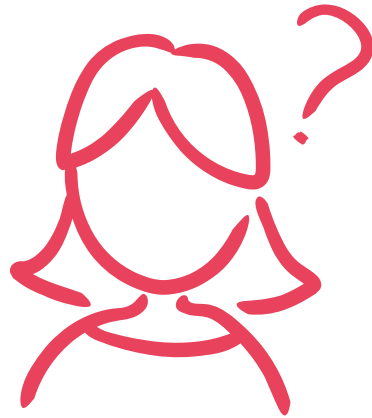




How can we be better classmates?



How can we be kind
to one another?



How can we
support each other?



How can we support our
autistic classmates?





Learning Scenarios

Scenario 1

A boy at school hardly talks and doesn't make eye contact. He stays on his own during playtime. He has tried to join in games before but his classmates laughed.



How could you help?



Learning Scenarios

Scenario 2

A young girl doesn't like eating in the lunch hall. She often gets very upset and has meltdowns during lunch due to the noise levels and smells of food.



How could you help?



Learning Scenarios

Scenario 3

A child finds it difficult to sit and focus for more than 20 minutes on the whiteboard in class.

He starts to make noises and cover his ears with his hands.



How could you help?



Learning Scenarios

Scenario 4

During circle time, a child never joins in when it is their time to speak or get involved. They are too shy to say anything in the group and choose to stay quiet.



How could you help?

For autism training, information and resources, visit: www.autismeducationtrust.org.uk.



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