# \$ Let's Learn About Autism \$

For 4-7-year-olds





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# People are all different 11





# Brains are all different



# <u>Watch this video</u> of Pablo talking to his friends about how they see the world:

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Trust





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#### **About Pablo**

Pablo is autistic. He sees the world in a different way.





You can't see if someone is autistic. It is an invisible condition.

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**About Pablo** 



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Autism means that someone's brain works a little differently.



**About Pablo** 

#### **About Pablo**

Just like the characters in Pablo, each autistic person is different.

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Autistic people have different strengths and need help with different things.





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#### Section 1

#### **Autism – The Differences**



Differences in communication and behaviour

Some autistic people find using words difficult.



#### Differences in thinking and understanding

Some autistic people get upset by changes to their daily routine.

#### Differences in senses

Some autistic people get overwhelmed by loud noises, strong smells or bright lights.













#### **Thinking about our differences**

# Some people really enjoy Maths. Some people don't.





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#### **Thinking about our differences**

## Some people are really good at drawing. Other people find drawing hard.





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#### **Thinking about our differences**

# Some people really like listening to pop music. Other people like jazz music.





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#### **Thinking about our differences**

# What makes you happy? What do you do when you're happy?





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#### **Thinking about our differences**

# What makes you sad or worried? What do you do when you're sad or worried?









#### **Thinking about our differences**

#### What is the thing you are best at?





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Section 2

#### Making friends at school

We know that difference is great, but sometimes it can be hard when you think differently.









#### Making friends at school

# You might worry about making friends.







#### Making friends at school

# It can be hard if you don't like the same things as other people.









#### Making friends at school

# You might feel like no-one wants to play with you.





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#### How can we be kind to each other?

# How can we be better classmates?



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#### How can we be better classmates?

#### How can we support each other?





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#### How can we be better classmates?

#### How can we support our autistic classmates?





#### Scenario 1

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A boy at school hardly talks and doesn't make eye contact. He stays on his own during playtime. He has tried to join in games before but his classmates laughed.





#### Scenario 2

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A young girl doesn't like eating in the lunch hall. She often gets very upset during lunch due to the noise levels and smells of food.





#### Scenario 3

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A child finds it difficult to sit and concentrate on the whiteboard in class. He starts to make noises and cover his ears with his hands.





## Scenario 4

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During circle time, a child never joins in when it is their time to speak or get involved. They are frightened to say anything which makes them stay quiet.



For autism training, information and resources, visit: www.autismeducationtrust.org.uk

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