



EDUCATION RESOURCE PACK



Waltham Forest

WE WANT TO HEAR FROM YOU...

The past 18 months have been a strange and challenging year for all of us and we know that young people in particular have been hit hard by the pandemic. Now, more than ever, we need young people to make their voice heard and help us better support our community through this time.

Now in its third year, the Big Youth Conversation is designed and developed by the Life Chances Youth Taskforce, a group of young people who support the Life Chances programme and help us improve services for young people throughout the borough.

For the past two Big Youth Conversations we have offered schools and colleges the opportunity to engage with the conversation through assemblies and workshops facilitated by the Taskforce. Unfortunately, this year that is not going to be possible. But in this pack you will find all the resources you need to promote the Big Youth Conversation to your students.

The survey will run until the end of July 2021, after which we will invite young people who have expressed an interest to take part in a virtual focus group. It is aimed at 11 - 25 year olds live, work or study in Waltham Forest.

During Covid-19 schools have been, and will continue to be, a safe and much needed hub of support for young people and our aim through the Big Youth Conversation is to ensure Waltham Forest continues to be a place where young people can lead healthy, safe, confident and resilient lives.

For more information on Life Chances and the Big Youth Conversation please visit walthamforest.gov.uk/lifechances or contact lifechances@walthamforest.gov.uk.

COMMS

Please circulate information about the survey to your students via whatever channels are available to you. Below are example wordings you can use for websites, newsletters, and social media etc.

We have also included a poster at the back of this pack which you can print and post around school as well as landscape and square graphics you can use as email banners or on social media.

Our aim is to get as many young people to complete the survey as possible. Any support you can provide in publicising the survey would be greatly appreciated.

LONG STATEMENT

WE WANT TO HEAR FROM YOU...

The past 18 months have been a strange and challenging year for all of us and we know that young people in particular have been hit hard by the pandemic. Now, more than ever, we need young people to make their voice heard and help us better support our community through this time.

This is your chance to tell us what it's like to live, study and grow up in Waltham Forest. Tell us what you think works well, and what you think needs to change. Your ideas and opinions help us to improve services for young people throughout the borough.

Designed and developed by the Life Chances Youth Task Force, this survey targets 11-25 year olds who live, work or study in Waltham Forest. The survey takes just five mins and those who complete will be entered into a prize draw to win the following prizes: 1st £100 amazon voucher | 2x 2nd £50 amazon voucher | 5 x 3rd £10 amazon voucher.

Get involved by completing the survey at tinyurl.com/BYC2021.

SHORT STATEMENT

WE WANT TO HEAR FROM YOU... Get involved in our 3rd Big Youth Conversation and tell us your ideas and opinions on the things that matter most. Complete our survey at tinyurl.com/BYC2021 to be in with the chance of winning a £100 amazon voucher.

LESSON PLAN

This lesson plan aims to introduce students to the idea of participation, why it is important to have a voice and the importance of being an active citizen. The lesson can be facilitated in full as part of PSHE or Citizenship or in short in an assembly or tutor group session, by following the orange activities only. All activities can be completed virtually or in person, maintaining social distancing.

INTRODUCTION

2 MIN

Outline that in today's lesson you will be exploring the idea of voice and influence. The reason influencers are called that is because they have the power through their words and actions to change the lives of others. Pose the question - "How can we use our voice to make a positive change in the lives of those around us?"

SPEAK OUT

2 MINS

Choose one student at random and ask them to say a word or short phrase out loud. Now ask all those with a birthday in January to say the same word or phrase together. Repeat this but now with all those with a birthday in January and February. Keep repeating, adding a month each time, until everyone is speaking together. Ask the group to reflect on how the sound got louder each time. Explain that the more voices come together, the bigger an impact it will have.

STAND UP / SIT DOWN

2 MINS

Ask the students to answer a series of statements, standing up if they agree and staying seated if they disagree. Highlight that everyone is entitled to their own opinion and there are no wrong answers. Statements could include: Citizens should be allowed to vote at 16 | Newspapers should not be allowed to publish "fake news" | It is more difficult growing up today than it was 50 years ago | It is our duty as citizens to help those around us | Social media has had a mostly positive impact on society.

STAND UP / SIT DOWN EXTENSION

5 MINS

After each question choose one person who has stood up and one who has stayed sitting and ask them to explain why they chose that answer if they feel comfortable doing so.

ROLE MODELS

15 MINS

Divide students into small groups / breakout rooms and give each group one of the CHANGEMAKER PROFILES attached. Ask them to read their profile and answer the following questions: 1. What problem did this changemaker identify? 2. What did they do to solve the problem? 3. How did their solution make a difference? If groups finish early ask them to use their laptops, phones or tablets to research what age their changemaker was when they began their work. Ask each group in turn to present back their findings to the other groups.

SURVEY INTRODUCTION

2 MIN

Inform students that this survey has been created by young people and the results will be used to help shape the services which Waltham Forest Council provides to children, young people and their families. Highlight that the survey takes just five mins and those who complete will be entered into a prize draw to win the following prizes: 1st £100 amazon voucher | 2nd £50 amazon voucher | 5 x 3rd £10 amazon voucher. The survey can be found at bit.ly/2020BYC.

SURVEY

10 MINS

Allow time for students to complete the survey on laptops, phones or tablets.

TIME TO REFLECT

10 MINS

Facilitate a discussion on the themes of the survey: YOUR COMMUNITY | YOUR EDUCATION | YOUR FUTURE | OUR WORLD. How did the students find the survey? Do they feel their ideas and opinions will make a difference? Are there any of the themes which they feel passionate about? Encourage those who are most engaged to consider participate in the focus groups highlighted at the end of the survey. If there are any statements from students you would like to share with us directly please email lifechances@walthamforest.gov.uk.

SMALL CHANGE - BIG IMPACT

2 MINS

Ask the students to think of one small thing they could do as an individual which would make the school a better place. Encourage them to complete this small change while reminding them of the SPEAK OUT activity. One small act on its own might not change the world, but lots of small acts together can!

EMAIL BANNER



The email banner features a solid orange background. In the top right corner is the Waltham Forest logo, which consists of a stylized tree icon above the text 'Waltham Forest'. On the left side, there is a large black speech bubble with a white outline containing the text 'BIG YOUTH CONVERSATION - 2021 -'. To the right of the speech bubble, the text reads: 'Aged 11 - 25 and living, working or studying in Waltham Forest? WE WANT TO HEAR FROM YOU... Tell us your ideas and opinions on the things that matter most'. Below this text, it says: 'Complete our survey at tinyurl.com/BYC2021 or scan here to be in with the chance of winning a £100 amazon voucher'. A QR code is located in the bottom right corner of the banner.

SOCIAL MEDIA SQUARE



The social media square has an orange background. At the top center is a black speech bubble with a white outline containing the text 'BIG YOUTH CONVERSATION - 2021 -'. Below the speech bubble, the text reads: 'Aged 11 - 25 and living, working or studying in Waltham Forest? WE WANT TO HEAR FROM YOU... Tell us your ideas and opinions on the things that matter most.' Below this, it says: 'Complete our survey at tinyurl.com/BYC2021 or scan below to be in with the chance of winning a £100 amazon voucher.' A QR code is positioned in the bottom left corner, and the Waltham Forest logo is in the bottom right corner.



Aged 11 - 25 and living, working or studying in Waltham Forest?

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RESOURCE

CHANGEMAKER PROFILES

JAYLEN ARNOLD



After being diagnosed with Tourette's Syndrome, Asperger's and OCD, Jaylen was bullied by peers for being different. He found that the anxiety he suffered as result of the bullying worsened the symptoms of his disabilities. That's what led Jaylen to found the Jaylen Challenge Foundation, which has educated more than 100,000 young people on recognizing bullying behaviour and understanding each others differences.

MARLEY DIAS



Marley is the activist behind the #1000BlackGirlBooks twitter phenomenon. The hashtag was born out of the avid reader's frustration that she couldn't find any stories where the main characters looked like her. The book drive resulted in more than 11,000 books catalogued with black female protagonists, and counting. Marley also wrote the book *Marley Dias Gets It Done: And So Can You* as a guide to positive change through activism.

EASTON LaCHAPPELLE



Easton built a prototype for a robotic hand out of Legos and fishing wire in 2011, which earned him third place at the Colorado State Science Fair. As fate would have it, he met a seven-year-old girl at the science fair who had a prosthetic arm that cost \$80,000. It was then that Easton's mission became clear – to build a more affordable alternative. Now he runs a startup that uses 3D printing to build prosthetic arms and hands, bringing the price down to just \$350 to produce. He also made the design accessible to download by anyone at no cost.

BOYAN SLAT



During a fishing trip in Greece, Slat discovered massive amounts of plastic in the water. Two years later, the Dutch inventor launched his non-profit, Ocean Cleanup, to research using circulating currents to address the pollution issue. The group has raised over \$31.5 million in donations to help achieve Boyan's goal.

GRETA THUNBERG



You've probably heard of this environmental activist after her passionate speech at the UN Climate Summit, but this student has been advocating for sustainability for years now. Greta began by protesting Swedish parliament in an effort to get them to do more to prevent climate change. She went on to organize Fridays for Future, a school climate strike movement. As of 2019, more than one million students around the world participated in a multi-city coordinated protest for stronger action against climate change.

MALALA YOUSAFZAI



At seventeen, Malala became the youngest Nobel Prize laureate for her humanitarian efforts. She captured the world's attention after being shot by the Taliban in Pakistan on her way to school because she was an advocate for women pursuing education. She is currently working towards her bachelor's degree at Oxford's Lady Margaret Hall while continuing her charity work through her organization, The Malala Fund.