

Free home test kits

for residents without symptoms



Collect from your nearest collection point



Test twice a week



Protect your loved ones



1 in 3 people with Covid-19 have no symptoms

Regular testing is important to help stop the spread of the virus in our communities. If you have no symptoms, you can still pass the virus to others if you have Covid-19. Getting tested and self-isolating early if you test positive, helps to protect you and your loved ones.

Who can get free home test kits?

With Community Collect, all adults who do not have Covid-19 symptoms can get rapid home test kits.

How many test kits can you collect?

You can get 2 boxes of 14 tests for each member of your family or household over the age of 18 who do not have Covid-19 symptoms.

What does a home test involve?

- Take a test twice a week, every 3 or 4 days – get a result in 30 minutes!
- Report each result as soon as possible – call **119** or at **gov.uk/report-covid19-result**
- If you test positive, get a follow-up PCR test within 48 hours to confirm – results can take up to 3 days as these tests are sent to a lab.

If you've had the vaccine, should you still take a test?

Yes - there is still a risk that you can catch the virus and pass it to other people even if you've been vaccinated.



Where to get your rapid test kit

With Community Collect, you can pick up a free test kit quickly and easily to use at home.



Symptom-free test sites

Chingford Assembly Hall, Jubilee Centre, Leyton Cricket Ground, One Hoe Street – you can also get a test at these sites any day, 8.30am-7pm, no need to book.



Libraries

at Wood Street, Leyton, Leytonstone



Leisure centres

across Chingford, Leyton, Leytonstone, Walthamstow



Participating venues

including some faith-based settings, community groups and pharmacies – more venues coming soon!



Online

If you can't get to a collection point, order online at **gov.uk/order-coronavirus-rapid-lateral-flow-tests**

For details of all locations, and to find your nearest collection point, visit **maps.test-and-trace.nhs.uk**



If your home test result is negative

This does not guarantee you can't get Covid-19 so you should keep following national guidelines, including regular handwashing and social distancing.

If your home test result is positive

If you test positive or have Covid-19 symptoms, self-isolate immediately and get a PCR test within 48 hours. If the PCR test is positive, continue to self-isolate, but if the PCR test is negative, then you can stop self-isolating.

Get a PCR test at the following sites - open every day, 8am to 8pm, no need to book.

- Stanley Road car park, Leyton E10
- Linford Road car park, Walthamstow E17
- Church Lane car park, Leytonstone E11
- Richmond Road car park, Chingford E4
- Homebase car park, Walthamstow, E17 (open 9am-3pm, every other day)

If you can't get to a PCR site safely, book a test online at gov.uk/get-coronavirus-test or call **119**

Worried about having to self-isolate?

If you're asked to self-isolate by NHS Test and Trace, it's vital that you do. But there is help available and you may be able to get financial support if you have to self-isolate and stop working. See walthamforest.gov.uk/self-isolation-support for more details.

All information were correct at the time of print.

