

# Waltham Forest Early Years Guidance

## Everyday Communication and Language Practice

### Mud Kitchens



**Create a Mud Kitchen in your setting today!**

**The excitement of being involved in this type of messy play gets children feeling confident and gives lots of things to talk about. It doesn't matter how grubby a mud kitchen gets, the muddier the better!**

### Vocabulary

Think about all the vocabulary you can model– wet, sticky, mud, pouring, stirring, empty, splashing, mix, bucket, water, spoon, bowl.....the list goes on!

You could also introduce other natural resources, to add interest and variety – sticks, pinecones, stones, rocks, leaves.

### Sounds

There are also lots of 'sounds' that you can model – “squelch”, “splosh”, “whoosh”

### Role play

Mud kitchens are a great way to support role play. Create a 'Mud Café' or restaurant where children have to take orders and work together to make some mud pies!