

# Waltham Forest Early Years Guidance

## Supporting Learning and Development during self-isolation

The following Early Years resources are available to schools/settings to share with parent/carers to help plan fun and meaningful activities at home during self-isolation.

### Learning Activity Cards and Pre-Recorded Stories

The Learning Activity Cards and range of pre-recorded stories are organised in a way that will help you to support families with specific areas of learning e.g. if you have a child requiring more support with communication and language you can direct parents/carers to the Talking Together cards where there are lots of ideas and top tips to support children's learning and development.

[Learning Activity Cards](#)  
[Range of pre-recorded stories](#)

Parents/carers can also access the Learning Activity Cards on the [Waltham Forest Website](#)

### Chit Chat Pitter Pat Home Learning Project

You can also encourage your families to like and follow the Chit Chat Pitter Pat [Facebook group](#) and [Instagram](#) pages.

Top tips and ideas are posted each week these will assist you in encouraging families to engage in home learning in a fun and meaningful way.

Some settings have added the Chit Chat Pitter Pat Facebook and Instagram details to their websites with a direct link making it nice and easy to access.



### 'Grab Bags' or 'Happiness Boxes'

Lot of settings have introduced 'Grab Bags' or 'Happiness Boxes' for children to take home in the event of them having to self-isolate. The Grab Bags should include resources suitable for individual children, which can be quickly given to families in the event of a setting closure.

You could include resources, pens, paper, books and equipment based on the children's individual needs and interests, to support their learning, development and well-being at home.

It is important that the items inside of a happiness box centre on the child's interests, stage of development and likes!

### [Happiness Boxes](#)

#### Additional resources:

- [Communication Trust - Early Years](#)
- [Hungry Little Minds](#)
- [BBC Tiny Happy People](#)
- [Early Years Family Resources](#)
- [Foundation Years - Resources for Early Years settings](#)

If you require any more information regarding supporting children's learning and development during self-isolation please contact: [EYtraining@walthamforest.gov.uk](mailto:EYtraining@walthamforest.gov.uk)