

# SENSORY ACTIVITIES

Use your 5 senses to explore  
the natural world.

## Areas of learning

understanding the world  
literacy

## You will need:

- natural materials, e.g. leaves, sticks, seeds
- nature potions pot: e.g. a yogurt pot
- texture box: egg box with discs in with words written on them, smooth, hard, soft etc.
- sticky card: strip of card with double sided sticky tape on it



## Nature sticky cards

Collect different natural materials and attach them to the sticky card. This could be lots of different colours.

Tip: only stick part of the leaf or flower onto the card so that it doesn't take up all the space.

## Nature potions

Add different smelling natural materials to a small pot and stir with a stick to release the aromas. Invent a name for the potion and write a recipe for it, e.g. add 2 small green leaves, stir 3 times, etc.

## Deer ears

Cup hands behind ears to help you hear like a deer. How many different sounds can you hear?

Why do deer need to have such excellent hearing?

## Texture boxes

Find a natural material to go into each section of the texture egg box. Each item needs to be small enough to fit inside it.

Alternatively, draw a grid onto the ground using chalk for children to put their natural materials into.



smooth	hard	crunchy
rough	soft	spiky

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