



Relationships, Sex and Health Education (RSHE) DfE training offer to LA's & schools in London and the East!

We are being funded by the DfE to deliver 'Train the trainers' training to leads in schools, Local Authorities and MATs. In order to work strategically across areas and to reach as many RSHE leads and senior managers as possible.

We can offer virtual training to Waltham Forest schools via zoom.

PART A COMPULSORY LIVE TRAINING OFFER:

1. Head teachers' briefing for primary and secondary head teachers (1-1.5hr session)

This session will explain to SLT what the DfE project will provide to their schools on RSHE and what feedback the DfE requires from participants. There will be a chance to answer any questions SLT want to raise with the delivery team. The team consists of Dr Jo Sell (Newham RSHE advisor), Claire Clinton (RE Advisor for Newham, Barking and Dagenham) and Paul Harris (CEO Tapscott Learning Trust)

Monday 16^h July 2020 10-11:30am via Zoom

2. 'Knowing the context of your area' for primary and secondary schools (2.5 hrs session)

This session will help schools to understand the context of RSE in terms of your local health, wellbeing, religious and ethnic data. This will support your school to understand the need for what Ofsted and the DfE require in being inclusive and sensitive to our own schools' context in RSHE. The training will equip staff to begin to comprehend the pressures and tensions faced by children and young people around RSHE.

Monday 28th September 2020 9:30-12pm via Zoom

3. Working well with your local community' for primary and secondary schools (2.5 hrs session)

This session will help staff to consider positive engagement with parents and a school's local community around issues of RSE. The session will consider how faith/pupil-sensitive RSE fits into the government and OFSTED requirements for schools. Giving case studies and proven techniques to engage with your school community.

Monday 5th October 2020 9:30-12pm via Zoom

4. Primary curriculum planning (1.5 hrs session)

This session will provide primary teachers a foundational understanding of the methodology underpinning all the other primary on-line training available to your school. Schools must complete this session before gaining access to all the other training materials available. The session will cover how to train others in your own school; issues around safeguarding and ground rules for class conversations on RSE topics how to ensure your schools is an equal and inclusive environment for all pupils. There is a chance to ask your questions around your schools' policy and general practice on RSE with our expert team.

Tuesday 20th October 2020 10-11:30am via Zoom

5. Secondary curriculum planning (1.5 hrs session)

This session will provide secondary teachers a foundational understanding of the methodology underpinning all the other secondary on-line training available to your school. **Schools must complete this session before gaining access to all the other training materials available**. The session will cover how to train others in your own school; issues around safeguarding and ground rules for class conversations on RSE topics how to ensure your schools is an equal and inclusive

environment for all pupils. There is a chance to ask your questions around your schools' policy and general practice on RSE with our expert team.

Thursday 22nd October 2020 10-11:30am via Zoom

PART B OPTIONAL PRE-RECORDED OFFER:

The sessions below have been highlighted by schools to the DfE as areas they would like to have some dialogue with other professionals about the best way/s to deliver these topics within their school. Each session will provide teachers with understanding the most up to date information on a topic, alongside principles for how to teach this relevantly with different age groups and settings. Watch via our website at a time convenient to you.

For Primary schools:	For Secondary schools:
Wellbeing (2 hrs)	Wellbeing (2 hrs)
Adolescent body & Basic first aid (<u>1</u> .5 hrs)	Adolescent body and Basic first aid (1.5 hrs)
Respectful relationships (1 hr)	Intimacy and sexual relationships (1 .5 hrs)
Drugs, alcohol & tobacco (1 hr)	Respectful relationships (1 hr)
Online relationships & online media (1 hr)	Drugs, alcohol & tobacco (1 hr)
Virtual meeting to ask question on the above on-line	Online relationships & online media (1 hr)
training session with our expert panel Tuesday 24 th November 2020 2-4pm	Virtual meeting to ask question on the above on-line
Being safe (1 hr)	training session with our expert panel Thursday 26th November 2020 2-4pm
Physical health and fitness (1 hr)	Being safe (1 hr)
Health & prevention (1 hr)	Physical health and fitness (1 hr)
Internet safety & harm (1 hr)	Health & prevention (1 hr)
Healthy eating (1 hr)	Internet safety & harm (1 hr)
Families (1 hr)	Healthy eating (1 hr)
Caring relationships (1.5 hrs)	Families (1 hr)
Virtual meeting to ask question on the above on-line training session with our expert panel Tuesday 8 th December 2020 2-4pm	Virtual meeting to ask question on the above on-line training session with our expert panel Thursday 10 th December 2020 2-4pm

Finally, the last part of the offer is for Email support to schools in answering questions throughout the training programme with the Newham team.

To book your school onto this training and for any further details please contact: 'X'

Email address and phone number

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