



Emily Whyte
Tender Education & Arts

Tender is a charity that uses drama and the arts to engage young people aged 8-25 in domestic abuse and sexual violence prevention education. We do this in age appropriate ways which focus on promoting healthy relationships.



Tender exists to end domestic abuse and sexual violence, focusing on two core priorities:

- To work with children and young adults to prevent them from becoming either victims or perpetrators of domestic abuse in the future by educating, challenging and enabling.
- To raise the profile of the issue and create a step change in terms of attitude and tolerance of domestic abuse and sexual violence from direct work in schools through to training and awareness building for professionals supporting children and young people

Why we do what we do

- •16-25 year olds are the age group most likely to be involved in an unhealthy relationship (ONS 2018)
- • 44% of young people have experienced one or more of the following behaviours in a relationship: being yelled at, humiliated, hit, kicked, slapped, pressured into having sex, pressured into getting married, threatened or checked-up on regularly (Tender; 2011)
- • Sexual bullying and harassment are routine in UK schools. Almost 1 in 3 16-18 year-old girls have experienced 'groping' or other unwanted sexual touching at school (YouGov; 2011)

What we do

- • Short term projects – 10 hour projects and Enrichment Days
- • Long term projects – Whole School Approach
- • Training for staff supporting children and young people
- • Training for workplaces
- • Community conversations
- • Youth Board opportunities & campaigns

Primary Schools and SEND

- Healthy and unhealthy friendships
- Personal space and boundaries
- Emotions and feelings • Children's rights
- Safe and unsafe touch (using the NSPCC Underwear Rule)
- Seeking support

Secondary Schools and Youth Settings

- Key elements of a healthy and unhealthy relationship
- Early warning signs of abusive or controlling behaviours
 - Myths and excuses for abuse in relationships
- Barriers to leaving unhealthy/abusive relationships
- Seeking support

Our Impact

Young People:

- 84% feel more knowledgeable about where to seek support
- 70% feel able to help a friend involved in an abusive relationship
- 93% have better understanding of what constitutes a healthy and unhealthy relationship

Professionals:

- 97% feel that their young people have increased knowledge about violence in relationships
- 78% have noticed a subsequent change in the behaviour and attitudes of young people

What Tender can offer Waltham Forest schools from September 2020

- Assemblies for Year 5- Year 11
- Enrichment Days for Year 5 to Year 11
- 10 hour projects with targeted groups of young people

To see Tender's work in action in schools and youth settings take a look at this short [film](#) on our website



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