

Learning Together



This week we are Moving Together and Building!

Moving Together and Building is about bringing those gross and fine motor skills together to support your child's physical development. Encourage as much outdoor time as you can, plan activities that include your child's natural surroundings!

Monday
Moving to
Nursery
Rhymes
and songs
Together!



Wednesday
Building
with Sticks
and Leaves



Friday
Drawing
tracks and
Building
Obstacles
Together



Is your child starting school in September?

Look out for our 'Starting School Together Challenges' throughout the week!



Learning Together

Moving Together and Building

Let's Learn Some Nursery Rhymes!

Let's build our knowledge of nursery rhymes and sing together. We could watch some on YouTube.

Let's add actions to the songs we learn as it will help me to remember the words! Check out nursery rhymes on:
<https://www.bbc.co.uk/tiny-happy-people>

Starting School Together Challenge

Can you sing one or more nursery rhyme off by heart? Can you make up some actions to go with it?



chitchatpitterpatLBWF

chit_chat_pitter_pat

Did you know?

Nursery rhymes and repetitive songs support literacy development! Children are able to learn words, sentences, rhythm, rhyme, and repetition, all of which they'll find later in the books they read.



How you can help me...
Learn the words to nursery rhymes with me and have fun dancing along. Help me to notice the rhyming words like star & are, high & sky...

What I like to do...

I like to sing in a loud voice and then in a quiet voice. I like to make up my own songs and dance around.





Together

Moving Together and Building Building with Sticks & Leaves!

Let's make little houses
out of sticks and leaves.
They could be for fairies
or other tiny creatures to
live in!

Let's make dinosaurs out of
sticks. We could look up the
names of different dinosaurs
on your phone and stomp
around like them!

Starting School Together Challenge

Can you stand on one leg without
wobbling? Can you balance walking along
a line or along a log?

Did you know?

Open-ended activities
allow children to grow
and develop to their
full potential. Even by
encouraging children
to choose which stick
to pick up encourages
problem solving and
thinking skills.



How you can help me...
Encourage me with 'what
if?' questions – this will
help me to challenge
myself. For example, What
if I added a stick here will
it make my house fall down
or will it make it stronger?

What I like to do...
I like to pretend to
be different
creatures. Get me
to stomp around
like a dinosaur or
flutter like a fairy...



Waltham Forest



SENDsuccess





Together

Moving Together and Building

Let's Draw Tracks and Build Obstacles!

Let's create tracks and landmarks on paper or on the ground with chalks.

Let's use toy cars or my scooter to travel along the different tracks. We could build bridges and obstacles to go around.

Starting School Together Challenge

Can you draw a circle in the air with your finger? Can you do it on somebody's back or on the floor? (Encourage anti clockwise movements ready for learning their letter formation)

Did you know?

Children need to pass through various physical milestones such as gross motor movements, pincer grip, fine motor skills, holding tools, tripod grasp and the understanding that their movements have an impact to be able to form letters and write.



How you can help me...
Help me to create a big track to follow. Ask me about the things I would like to add like houses, trees and different landmarks...

What I like to do...

I like to run fast, go under and over obstacles and balance along the lines. I like to pretend to be vehicles making noises and moving along the tracks!



Waltham Forest



SENDsuccess

