



Learning Together



This week we are Moving Together and Dancing!

Moving Together and Dancing is about exploring different and fun ways to move to our favourite music and songs. Let's get moving everyone!

Monday
Move to
the Beat
Activity
Card

Top Tips
Tuesday

Wednesday
Move in
Different
Ways
Activity Card

Thumbs Up
Thursday

Friday
Bubble Play
Activity
Card

Share Day
Saturday

Is your child starting school in September?
Look out for our 'Starting School Together
Challenges' throughout the week!



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Learning Together

Moving and dancing Together

Let's Get into the Groove Together

Make a ribbon stick using strips of paper or plastic bags, fabric or ribbon. Swirl it around to make big movement when dancing.

Let's find items together to create a drum! Then I can drum along to the beat of the music we are listening to.

Starting School Together challenge

Can you stand up and march on the spot to the beat then march around in a circle and still keep the beat?

Did you know?
Dancing to different styles of music including nursery rhymes supports physical development and develops imagination and confidence.



How you can help me...
Play different styles of music to me and encourage me to move to the music in different ways such as clapping, stomping, striding, wriggling and twirling...

What I like to do...
I like to move to music using scarves, ribbons, soft toys and socks! These help me move in time with the beat.



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Moving and Dancing Together

Let's Move in Different Ways!

Let's look for different animals around our home and in books, then create different ways to move like them to music.

We could make an obstacle course that encourages me to balance, leap, jump, crawl and spin.

Starting School Together challenge

Can you make up a dance and teach it to your family and toys? Don't forget to move your feet, head, arms and hands!



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Did you know?
When children make up their own actions or movements to music, songs and rhymes they are keeping healthy whilst developing their imagination and thinking skills.



How you can help me...
Encourage me to make up my own actions and use my imagination. Ask me 'How does a frog move? How can you move like a frog?'



What I like to do...

Make up my own actions to songs and rhymes I know well and show them to you. We could create a pretend stage!



Learning Together Moving and Dancing Together

Making Bubbles

Let's catch bubbles using a saucepan or nets! We could make nets out pipe cleaners or rolled tin foil.

Ask me to float like a bubble to music. I could move lightly on tip toes, glide, swirl and pop just like a bubble.

Starting School Together challenge

Can you find different ways to catch bubbles without them popping? What do you think will happen if you wear woolly gloves to catch the bubbles?

Did you know?

Bubbles are an excellent way for babies and young children to develop hand - eye coordination as they track the bubbles with their eyes and reach out to catch slow moving bubbles before they pop!



How you can help me...
Play music and encourage me to run, jump, stretch to catch the bubbles. Challenge me to make the biggest bubble!

What I like to do...
I love popping the bubbles with my fingers or a stick! I like chasing and trying to catch the bubbles as they float up to the sky!

