

## SAMPLE LETTER FOR PARENTS

Dear parent/carer,

The following information is provided by Public Health England, for educational settings to share with parents.

There is currently an outbreak of a novel coronavirus with the focus in Wuhan City, Hubei Province, China.

The majority of cases report mild illness and symptoms include fever, cough, runny nose, sore throat, chest tightness or shortness of breath.

Here is a link to current Public Health England Q&As:

<https://publichealthmatters.blog.gov.uk/2020/01/23/wuhan-novel-coronavirus-what-you-need-to-know/>

### Advice for those who have returned from China

#### **Travellers from Wuhan and Hubei Province**

If you have travelled from Wuhan or Hubei Province to the UK in the last 14 days you should immediately:

- stay indoors and avoid contact with other people as you would with the flu
- call NHS 111 to inform them of your recent travel to the area
- Please follow this advice even if you do not have symptoms of the virus.

#### **Travellers from elsewhere in China**

If you have travelled from elsewhere in China (but not Macao or Hong Kong) to the UK in the last 14 days **and develop symptoms** of cough, fever or shortness of breath, you should immediately:

- stay indoors and avoid contact with other people as you would with the flu
- call NHS 111 to inform them of your recent travel to the country
- Please follow this advice even if your symptoms are minor.

Further information on this can be found at: <https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public>

### Advice for all people

We would encourage you to remind your son/daughter of the importance of good hygiene practice. Coughing and sneezing should be into tissues that are promptly

disposed of in bins. Hands should be washed with soap and water or using an alcohol hand rub even if hands are visibly clean. This can help to prevent the spread of many diseases, including flu and the common cold.

The Foreign and Commonwealth Office (FCO) are now advising against ALL travel to Hubei Province and against all but essential travel to mainland China. Anyone travelling to China should remain vigilant and check the latest travel advice on [GOV.UK](https://www.gov.uk).

This advice has changed based on emerging information from China about the number of cases and spread of the infection from person to person.

Guidance documents are being regularly updated. Please refer to the most recent versions at the following links:

Public Health England: <https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public>

Travel advice from the Foreign Office: <https://www.gov.uk/foreign-travel-advice/china>

Travel health advice: <https://travelhealthpro.org.uk/>