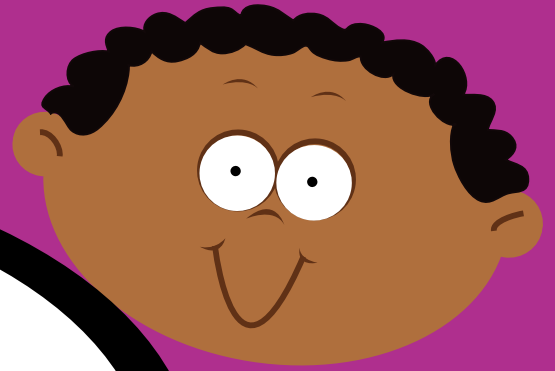
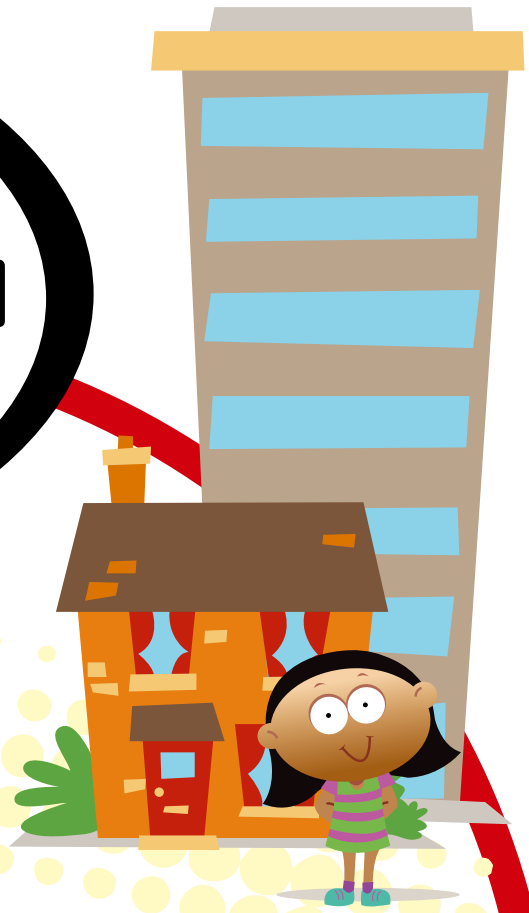


About me



**Important things
that have happened
to me in my life**



**Things that make
me feel safe**



**What I
need now**



**what needs to
change now ?**

Can wait a little

**Who helped
me to learn**



**keeping
me safe**

my religion



where I live

My needs

What needs to stay the same?
What needs to change?

my activities

who I see

keeping
me healthy



How I feel
about my future



circle the feelings you have
or add your own

My plan

Here is what a good plan
for me would look like

you could
consider:

pets?
where I'd like to live?
Seeing my brothers or sisters?
School and friends?

