

# Our Family Journey



The 'Our Family Journey' tool is a way of working with children and young people to offer family Support. It involves listening to you and your child to find out your child's need and what is working well in your child's life.

It will help your child receive the right support at an early stage before their needs increase. As Early Help is a shared assessment, you and your child will not have to repeat the same story to different workers. The information you provide will only be shared with your consent unless there is a risk to your child.

If a number of people are providing support to your child, one of these people will be appointed as a 'Lead Professional'.

This person will keep you informed, listen to your views and support you. You and your child will have a say in who should be the lead practitioner.

An action plan, agreed with you and your child, is put into place to make sure your child gets the right sort of help. The 'Our Family Journey' tool is voluntary - you and your child can choose to be involved.

If you would like extra support for your child or family why not ask a worker if Early Help might be of benefit. This worker could be someone from Nursery or School, a Family Support Worker, a Health Visitor, Youth Worker or any other practitioner who sees you and your child.

**Practitioner's note** – Refer to 'Our Family Journey' Guidance Document when completing this assessment.

**Disclaimer and signed consent:**

We seek to work in partnership with other agencies in order to offer the best service to you and your family. Therefore we seek ongoing permission to speak to and share information with other agencies/professionals where relevant to enable us to meet your child/family's needs.

Giving consent and sharing this information cannot be a guarantee that services will be provided. Not giving consent or withdrawing consent at any time will not mean that support services will be withdrawn.

*I agree that information can be shared so that help and support can be provided to my family members named in the Assessment. I understand that I have the right to withdraw my consent to share information.*

*I further consent for information to be recorded on the London Borough of Waltham Forest's database.*

*I understand that where there are concerns about risk of harm or abuse, any professional working with my family have a responsibility to follow LBWF Safeguarding Children's Board procedures in order to protect the welfare of children.*

Name any services you do **not** want to share your information with:

Name (printed)	Signature	Does parent/carer have PR? (yes/no) <a href="https://www.gov.uk/parental-rights-responsibilities/who-has-parental-responsibility">https://www.gov.uk/parental-rights-responsibilities/who-has-parental-responsibility</a>	Date:
<b>Our Family Journey Author:</b>			
Name	Signature	Date:	

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Our Family Journey					
Date assessment started					
UPN number				NHS number	
Family Address					
Full Name	DOB	Relationship:	Illness, disability or EHCP (is yes please state)	Contact details telephone number	Education Setting
<b>*add more rows if needed</b>					

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## Professionals / Agencies working with Our Family

Name:	Agency:	Job Title:	Address:	Contact Details:

\*add more rows if needed

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# Genogram

	<b>Male symbol</b> , name and age to be added
	<b>Female symbol</b> , name and age to be added
	<b>Unknown gender</b>
	<b>Married</b> – year to be added
	<b>De facto relationship</b> – year to be added (Living in partnership)
	<b>Separation</b> – year to be added
	<b>Divorced</b> – year to be added
	<b>Death</b> – a cross through the square or circle denotes a person who has died. The Year and cause of death may be added

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# Outcomes Scale

On a scale of 1-10 how are you doing with each area?

1 or 2 "We don't know what to do about this, things are as bad as they could be"

3 or 4 "We understand we need to make a lot of changes and want some help in this area"

5 or 6 "We are trying to improve things but finding it very hard"

7 or 8 "Things are definitely improving but there is more to do yet"

9 or 10 "Everything is going very well"

Relationships - Healthy and Unhealthy

1  2  3  4  5  6  7  8  9  10

Health and Wellbeing

1  2  3  4  5  6  7  8  9  10

Employment and Training

1  2  3  4  5  6  7  8  9  10

Finance and Money

1  2  3  4  5  6  7  8  9  10

Offending Behaviour / ASB

1  2  3  4  5  6  7  8  9  10

Mental Health

1  2  3  4  5  6  7  8  9  10

Young Carers

1  2  3  4  5  6  7  8  9  10

Parenting and Child Behaviour

1  2  3  4  5  6  7  8  9  10

Alcohol and Substance Use

1  2  3  4  5  6  7  8  9  10

Learning and Education (School attendance and NEET)

1  2  3  4  5  6  7  8  9  10

**\*Future reviews will cover any areas of change, whether positive or negative.**

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## Our Family Journey

Things we might want to consider about our journey, family and relationships, housing, finances, employment and education, how we get on with our community, our boundaries and behaviour, any substance misuse issues, health (physical and emotional)

Our family story - what has happened in the past and what is happening now?

Key events in our family's life - how have they affected where we are now?

What is our family good at?

What have we tried in the past, what worked, what didn't and who helped us?

Safety and Risk - Is there anything that means that there is a risk of harm to ourselves or others, including family members, staff or the wider community?

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## Family Analysis

(The Petal scaling tool will help us work out how well we are doing).

<b>Are any of our family members a young carer?</b> Refer to Young Carer's Guidance document.	Yes/No
<b>Are any of our family members affected by Domestic Abuse?</b> Refer to Domestic Violence Guidance document.	Yes/No
<b>Are any of our family members affected by Alcohol / Substance Misuse?</b> Refer to Domestic Violence Guidance document.	Yes/No
<b>Are any of our family members affected by Mental Health?</b> Refer to Mental Health Guidance document.	Yes/No
<b>Are any of our family members affected by anything else? Eg EHCP</b> Refer to guidance tools	Yes/No

What are our family strengths?

What we would like to change, or improve?

What will our lives be like when it has happened?

Dated completed

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**Date of our Plan:** "My Wellbeing Plan" is an easy to use online tool which allows you to create a plan of action and provides information and advice to support the actions. Click on link for more information:  
[https://directory.walthamforest.gov.uk/kb5/walthamforest/directory/my\\_wellbeing\\_plan.page](https://directory.walthamforest.gov.uk/kb5/walthamforest/directory/my_wellbeing_plan.page)

What are we going to change/improve? (Desired Outcome)	How and when will we do it and what support will we need? (Action)	How are we doing?					Who will do this?	Date to be Achieved
		1-2	3-4	5-6	7-8	9-10		

**Date of Review/Closure:** (if known)

\*add more rows if needed for actions

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Review										
Date of our Review: (at least every 12 weeks)										
What are we going to change/improve? (Desired Outcome)	How and when will we do it and what support will we need? (Action)	How are we doing?					Who will do this?	Date to be Achieved	Update/progress to date	Date completed
		1-2	3-4	5-6	7-8	9-10				
<b>Review – Minutes</b>										

Practitioner’s note – Refer to ‘Our Family Journey’ Guidance Document when completing this assessment.

Attendee	Relationship to subject/s	Attended	Report

**Record of meeting**

**Practitioner's note** – Refer to 'Our Family Journey' Guidance Document when completing this assessment.

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<b>Date of next review or closure:</b> (please specify)	
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