

3.
My
Story

All about me

Child name: Carlos James Date of Birth: 15/11/2010



Our Family Story

- Please insert an introduction to your family. Give details of your history/background so that we can learn about your child and your family.

I live with my mother (Amy), my father (Charles) and my twin brothers (Tom & Tyler) who are 11 months old.

Both my mother and father work and soon my mother will be returning after maternity leave to work 3 days per week. On these days I will be looked after by my nanny Ellie.

I have a large extended family with lots of cousins close by, although I am the youngest, I am very much loved and supported- all family members have a clear understanding of my Autism and are keen to learn more.

It is hard for me to get lots of individual attention from my Mum and Dad because of my twin baby brothers.

Our dreams for Carlos

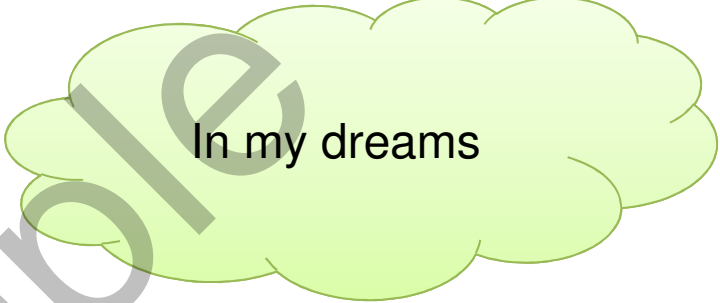
- Include your hopes, dreams and aspirations for your child's future
- What are the goals you would like your child to achieve?

For Carlos to be supported enough so that he can be the best autistic person he can possibly be- not just a bad copy of a neurotypical person. We want him to gain skills in social interaction and to feel confident in initiating interaction with his peers.

We would like Carlos to be supported in a school environment so he can learn.

An important short-term goal is for Carlos to be able to sit for adult Led activities so we can also work on turn taking with his peers. We would also like for Carlos to be able to use a toilet as he is currently still in nappies.

Long term we would like Carlos to success in education, gaining employment and be able to live independently.



In my dreams

Good day/bad day

- What makes a good day for your child include the things, people, places that are important to them?

A morning at Pre-School supported by his key worker, then an afternoon with mummy or daddies full attention so we can play puzzles/read books.

Carlos loves active play so time spent in open spaces like parks is very important to him.

- What makes a bad day for your child include the things that upset them, or particular situations that they find stressful?

Being away from home for a long period of time.

Crowds with lots of noise frightens Carlos. He doesn't understand boundaries so anywhere he cannot touch/run is equally upsetting to him.

Birthday parties are extremely stressful for Carlos

Unfamiliar groups can initially be problematic.

Typical week

- Include the things that your child does in a typical week for example morning routines, places you go, things you do and people you meet

Morning – Breakfast, wash, dress, play puzzles with Mum, read books, get ready for Pre-School. Walk to Pre-School with Mum pushing babies in buggy.

Lunch- Picked up from Pre- School and go home to each lunch with my brothers.

Afternoon- After lunch the babies nap and I get to play different games with Mum or play with play dough. This is a great time to play games with small pieces as the babies are asleep so cant crawl over and eat them!

When the babies wake we go to the park. After the park we go home and mum cooks dinner while I listen to stories on tape. Dad comes home during dinner, after dinner we play games or watch TV. Dad always gives me a bath then I go to bed.

Well-being

- Include what makes your child feel better when they are stressed or anxious or unwell
- What can others do to help your child at these times, what works?

Counting reassures Carlos, he loves numbers.

Sitting with an adult to read a book – Gruffalo or any Julia Donaldson are best

To get Carlos to sit for a period of time we use sand timers.

If you need Carlos to stop doing something its best to count to 10, when Carlos is stressed he self regulates by biting his hands or opening and closing doors.

Carlos requires clear instructions and plenty of warning if a change is coming.

Speaking slowly, checking, his understanding is quite hard as he may say yes when he means no.

If I could I would

- If your child could do anything they wanted to do what would they choose to do?
- Think about what they like, who they like to spend time with and their favourite places or things to do

Play puzzles and games with Mum & Dad

Go to a big park with Mum & Dad

Go to a swimming pool with slides

Not go to birthday parties.

Example

About Carlos

- Important people in our child's life..
- Include family and friends that you see often
- When and where do you see them

- Uncle Tim, Aunty Emily, Rodger and Frank: Carlos visits often and loves to play in their big garden.
- Granny & Grandpa: Granny comes to stay with us and we also go to their house
- Charlotte & Elly: Elly is 5 and comes to play with her mum at our house
- Anabelle, Matilda, Thomas & Claire: Matilda is 4 and has twin baby brother & sister. We go to the park altogether or each others houses.
- Aunty Hailey & Uncle Joshua: They come to visit at our house, we also see them at uncle Tim's house.

How Carlos Likes to communicate

- Explain how your child communicates, how they express their needs and what people can do to support their communication skills

Carlos is verbal but often only uses single words or points. Carlos often uses incorrect words or phrases or will use a question as a statement e.g. “would you like some raisins?” means “I would like some raisins”. He also confuses “you” for “I” so if he hurts his knee he will say “hurt your knee”

This means anyone spending time with Carlos needs to really listen and think about what and why he has said something. He often uses learnt phrases completely out of context.

What's working and what's not working

- Explain the things that are working for your child
- Sand timers
- Counting down
- Allowing behaviour such as door opening and closing
- Learning numbers and letters

- Explain the things that are not working for your child
- Potty training
- Sitting for any period of time to practise drawing/writing
- Pushing imaginative play e.g. tea party
- Lack of any government funded speech and language therapy
- Lack of any support for pre-school for speech and language
- Lack of 1:1 targeted learning
- Mum needs some support in terms of my language and how to manage behaviour
- Social interaction

How to involve Carlos in planning for the future and making decisions

- This is quite difficult to state as he is only 3 years old, however as he gets older and is able to express himself we would hope that his likes and dislikes would drive any decisions made.
- We hope that Carlos can be supported to access education be that in mainstream or special school.
- Carlos loves music so we would hope that he can use this to learn an instrument which may also lead to benefits in social interaction as he gets older.
- To help Carlos make decisions about his life people working with him need to be clear on what choices we actually have in terms of support options

The things Carlos needs support with

- Write the things that you think your child needs support with for education in school, their health needs and their care needs in the community

Education Needs (School)

- Requires support with peer interaction – currently there is none
- Attention - sitting for activities
- Imaginative play
- Speech & Language.

Health Needs

- Autism diagnosed June 2014
- Carlos cannot dress or wash independently. He is not potty trained and has very bad anxiety, around using the toilet/potty.

Social Care Needs (Support outside of school and while at home)

- Doesn't understand danger – he has no real concept of road safety
- Requires support to understand boundaries and social interaction
- Toileting and washing/dressing as mentioned above.

Thank you

- Thank you for completing the 'All about me' information for your child and family. This information will be used to help develop with you the Education, Health and Care Plan draft. We will also include information from all the professionals who have been asked to provide advice towards the assessment.
- Please return the form to your allocated Family Supporter (Keyworker) or to the SEN Team directly based at the address below:

SEN Team
6 Linford Road
Walthamstow
London
E17 3LA