**PREPARING FOR ADULTHOOD**

**Guidelines for Year 9 Onwards Annual Review**

**Introduction**

From Year 9 onwards, the local authority has a duty to ensure that the annual review meeting “consider[s] what provision is required to assist the child or young person in preparation for adulthood and independent living” (Regulation 20(6) and Regulation 21(6) of the SEN and Disability Regulations 2014). Therefore, for children/young people but in particular from Year 9 onwards, Education, Health Care Plan (EHCP) outcomes need be changed to focus on preparation for adulthood (i.e. employment/higher education, independent living skills, community involvement and staying healthy.

For those young people who are Home Educated, a year 9 annual review will take place, but they will need signposting to services available within the local offer/authority to enable them to have Careers Guidance etc to enable them to make informed choices about their future options.

**Preparing for Adulthood OUTCOMES:**

Our mission is to make a positive difference to Waltham Forest young people and their communities and have developed four outcomes that will be the focus of our work:

**1. Be ambitious and enable young people to reach meaningful occupation and/or employment**

**2. Be resilient and independent**

**3. To be as healthy as possible in adult life**

**4. Feel connected within their community**

**Consider relevant priorities within each outcome:**

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| **OUTCOMES** | **PRIORITIES** |
| 1. **Be Ambitious and enable young people to reach meaningful occupation and/or employment** | 1 inspiring outcome focussed learning pathways, vocational profile, portfolio of life skills  2 traineeship, internship and apprenticeship offer, work experience  3 Listen and act upon young people’s and parent carers’ views and enable them to make choices in their lives |
| 1. **Be Resilient and Independent** | 1 support during transition points, developing independence skills from the earliest opportunity.  2 refer to local offer for information across health education and social care |
| 1. **To be as healthy as possible in adult life** | 1 Improve overall health outcomes – increase the uptake of the 14+ LD annual health check  2 Improve young people’s understanding of their health needs  3 Ensure young people have safe access to health care and wellbeing services (ie. preventative services such as smoking, sexual health, support with healthy weight, as well as primary care)  4 Young people are supported and prepared for transition to Adult Health services and access the services available |
| 1. **Feel connected within their community** | 1 young people are supported to have friends and safe, healthy relationships  2 Young people are supported to remain within their families and local community  3 refer and utilise places to meet friends- youth groups, short breaks for specific groups e.g high functioning autistic youth groups  4 Utilise PAs to support young people to do the things they want to do |