

Proposals to encourage pupils to
travel actively to school in
September

Travel Survey

- A third of all journeys prior to Covid-19 were made by children travelling to school. With 2m social distancing in place, capacity on London buses is around 15 per cent of pre-Covid-19 levels.
- Therefore, the Department of Education and Cabinet have asked local authorities to work with Schools to encourage pupils to travel actively and avoid public transport where possible.
- The Minister for Roads, Buses and Places has asked all Secondary School pupils are parents to complete a travel survey before the Summer Holidays – the Waltham Forest survey can be accessed here: <https://bit.ly/WFSchoolTravel2020>

Please can you share and promote the survey to your pupils and their parents so we can begin monitoring travel and working to increase active travel.

Proposal background

Through the Enjoy Waltham Forest programme and the Behaviour Change Team's previous work with schools, we know there are barriers to pupils working and cycling to school:

- Confidence/knowledge of cycling,
 - Bike maintenance,
 - Bike security,
 - Personal safety,
 - Access to a bike,
 - Knowledge of local area.
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- Therefore, we have compiled a list of initiatives and resources to share with Schools to tackle overcoming these challenges.
 - We are looking for input from staff and pupils on how we can deliver these proposals with the most impact and effect.

Pupil Focus Groups

- Waltham Forest Council Behaviour Change Team will be hosting focus group sessions with to discuss ideas on how to make it easier, safer and more fun to walk and cycle to school.
- We are interested in everyone's views, whether they previously walked or cycled to school or if they usually travel by public transport or car.
- There will be two sessions **tomorrow 10.30am-11.30am or 2pm-3pm** – which pupils can take part in (there will be a maximum of 15 pupils per session to ensure everyone has a chance to participate).
- If you have not already signed up pupils who are interested in taking part, please email [Gemma Hearsum](mailto:Gemma.Hearsum@waltham-forest.gov.uk) for further information and to register for a session.

Summer Opportunities

Summer Cycle School

- Pupils can attend a FREE Summer Cycle School to increase knowledge and confidence when cycling,
- Sessions will initially be held in Leyton Jubilee Park due to our existing bikes being located in a secure location – other locations could be considered,
- For more information and to book a space please visit [here](#).

Public Dr Bikes

- Dr Bikes are FREE to anyone who lives, works or studies in the borough,
- At Dr Bike sessions experienced mechanics check everything on your bike from wheels, brakes, gears and tyre pressure to lights, racks, pedals, saddles and more,
- This could be a great opportunity for pupils and staff to have their cycles checked over the summer before the term starts in September,
- To find out when the next Dr Bike session is please visit [here](#).

Bike Maintenance

Dr Bikes at School

- Dr Bikes could also be hosted at the School either the week before term starts or in the first week of term,
- To ensure these are well utilised these would need to be promoted by the School,
- If you are interested in hosting a Dr Bike session please contact – cycling@walthamforest.gov.uk



Personal Safety

Cycle the bus routes

- The Council will be producing maps of key bus routes in the borough with alternative routes which can be cycled,
- If your school has a key bus route they would like developed as a cycle route please contact cycling@walthamforest.gov.uk

Met Police/Neighborhoods team

- We will be looking at working with the Metropolitan Police and Neighborhoods Team to ensure pupils feel safe when walking and cycling to School.

Cycle Security

Cycle Parking facilities at schools

- Cycle parking (toast racks/Sheffield stands) can be offered to Schools,
- If your School is interested please contact: cycling@walthamforest.gov.uk

Bike Register Kits

- We can offer FREE BikeRegister kits to pupils and staff - registering on BikeRegister (a Police approved scheme) means you could be reunited with your bike in the event of it being stolen,
- If you think your School could benefit from these please contact: cycling@walthamforest.gov.uk



Access to bikes

Peddle My Wheels - Try Before you Bike

- Trial a new or nearly new bike for a low, interest-free monthly fee (from £10 for kids) - if you like the bike you can purchase it, if its not for you it can be returned,
- For more information please visit: <https://www.peddlemywheels.com/try-before-you-bike>

Second Hand Cycle Campaign

- The Behaviour Change Team is exploring how we can provide more opportunities for pupils to access to low cost second hand bicycles.

Knowledge of local area

Walking maps of area

- The Council can produce bespoke walking maps of the area around your School to highlight to pupils how close local amenities are,
- This would also be a great design or geography project for pupils to be involved in.



Resources

- [Enjoy Waltham Forest website](#)
- [Living Streets](#)
- [TfL Year 6 Transition planning](#)
- [THINK – Road Safety resources](#)

Programmes which could be promoted

- [Active 10 app](#) - Public Health England's Active 10 campaign to challenge all Londoners to walk briskly for 10 minutes twice a day and track progress with the app.

Contact Details

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